#### LOCAL REFERRALS DIRECTORY

The following referral information is to assist you in finding the on-going treatment that is right for you. The Counseling Center Staff cannot vouch for all of the care providers listed here. Washington and Jefferson College faculty and staff have recommended some of the providers and some providers are established and well known in the community. We can discuss the list and provide any further information we may have at your request. Please provide any feedback or information about your experiences with any of these individuals or services to help us continue to improve this referral resource.

#### **COUNSELING AND THERAPY SERVICES**

#### Counseling and Trauma Services, LLC

Pauline Amaismeier: BSN, MS, LPC, NCC, RN-BC, BC-TMH, CCTP – Licensed Professional Counselor & Psvchiatric Nurse 1900 Waterdam Plaza Drive, Suite #3 Canonsburg, PA 15317 T: (724) 579-3771 / F: (724) 356-2787 www.counselingandtraumaservices.com

#### **Bethany Christian Services**

10521 Perry Highway, Suite 200 Wexford, PA 15090

T: (724) 940-2900 / C: (724) 816-4705

F: (724) 940-2901 www.impregnant.org

Specialties: Pregnancy Counseling

# Catholic Charities Diocese of Pittsburgh - County Offices, Washington

Gary Yaquinto

331 South Main Street, Suite 5, Washington, PA 15301 T: (724) 228-7722

www.ccpgh.org/pages/services/services county washingt

Specialties: Addiction information and treatment. Counseling Services, Marriage and Family Therapy

# Christian Counseling Associates of Western PA -Washington, PA

Reneé Bair, L.P.C. 22 Cortez Drive Washington, PA 15301 T: (724) 396-1510

christiancounselingwpa.com/counseling-services/ We provide a full range of services to those who need counseling for any individual, marital, or family concern. When desired, psychiatric referrals for medication management are available.

# Harmony

Kang Jasbir, MD 615 E. McMurray Road McMurray, PA 15317 T: (724) 942-3996 / F: (724) 942-5471

cccapgh.com/category/meet-the-counselors/

Specialties: Counseling Services, Marriage & Family

Counseling

# **COUNSELING AND THERAPY SERVICES**

# Carole Kunkle-Miller & Associates

Carole Kunkle-Miller, Ph.D. ATR 520 Washington Road, Suite 206 Mt. Lebanon, PA 15228 T: (412) 228-0964 drckm.com/therapy-services/ Comprehensive Psychological Services

# Persad Center - Washington

Allison Lange The CENTER on Strawberry 59 E. Strawberry Avenue T: (724) 344-6625 www.persadcenter.org LGBTQ Individual counseling (free of charge)

# Elizabeth Skibinski-Bortman, Ph.D.

4050 Washington Road McMurray PA 15317 T: (724) 942-4490 www.drelizabethski.com Licensed Psychologist & Family Therapist

# SPHS - The Care Center

75 E Maiden St # 100 Washington, PA 15301 T: (724) 228-2200 / Crisis Hotline 1-888-480-7283 www.sphs.org/the-care-center.html Specialties: Alcohol Dependency, Anger Management, Drug, Family, Group Counseling, Individual, and Sexual Assault

# Patricia Simpson, LCSW, BCD

97 Main Street Hickory, PA 15340 T: (724) 356-4449 / F: (724) 356-4432

# Kate Thompson, LPC

90 West Chestnut Street, Suite 613 Washington, PA 15301 T: (724) 255-7521 Email: kate.thompson071pc@gmail.com www.katethompsonlpc.com/workingwithacounselor Specialties: Mood Disorders, Trauma, Anxiety, Self-Esteem, OCD, etc.

#### COUNSELING AND THERAPY SERVICES CONTINUED

#### Vista Behavioral Health Associates

South Hills Office 1370 Washington Pike, Suite 303 Bridgeville, PA 15017

T: (412) 206-0123 / F: (412) 206-0128

www.vistabehavioral.com

Specialties: Comprehensive diagnostic evaluation, Individual psychotherapy, Child and adolescent psychotherapy, Family therapy, Couples therapy, Stress management, Psychiatry/medication management

### Washington Communities Human Services

378 West Chestnut Street Washington, PA 15301 T:(724) 225-6940 / F: (724) 225-6811 www.washcomm.net

# **Washington Psychological Services**

Michael Crabtree, Ph.D 87 East Maiden Street Washington, PA 15301 T:(724) 222-8525 / F: (724) 222-8545 www.washingtonpsychological.com/

# Western Pennsylvania Psych Care

Rajendra Nigam, M.D. 200 Old Pond Road, Suite 107 Bridgeville, PA 15017 T: (412) 220-0144 / F: (412) 220-0146 www.westernpapsychcare.net/

#### **NeuroPsychiatry Center**

Ravi Kant, MD 200 Old Pond Road, Suite 201 Bridgeville, PA 15017 T: (412) 220-7323 / F: (412) 220-7325 www.drkant.com

### **LGBTQ SERVICES**

#### **Persad Center - Washington**

The CENTER on Strawberry 59 E. Strawberry Avenue T: (724) 344-6625 www.persadcenter.org LGBTQ Individual counseling (free of charge)

# Washington County Gay Straight Alliance

59 E Strawberry Avenue
Washington, PA 15301
T: (724) 835-4285
www.wcgsa.org
Email: info@wcgsa.org
The Washington GSA strives to provide a safe,
confidential environment for Washington County youth
regardless of race, disability, gender, gender identity, or
sexual orientation.

#### DRUG AND ALCOHOL / ADDICTION SERVICES

#### **AA Groups**

24 Hour Answering Service Washington, PA 15301 T: (412) 471-7472 For more information on local meetings go to their www.district14.info/d14meeting.htm

#### **Gamblers Anonymous**

Wednesdays, Washington Gamblers Anonymous 7:30 p.m. - The Brownson House (open meeting) 1415 Jefferson Avenue Washington, PA 15301 T: (412) 281-7484 - Pittsburgh hotline www.gamblersanonymous.org/ga/locations

#### **Greenbrier Treatment Center**

800 Manor Drive Washington, PA 15301 T: 1-800-637-HOPE (4673) F: (724) 225-9764 Offering Detoxification and Inpatient Rehabilitation Licensed Dual Treatment

# **Narcotics Anonymous Meeting Locator**

www.na.org/MeetingSearch/

# **SAMHSA**

# (Substance Abuse Mental Health Services Administration)

U.S. Dept of Health & Human Services Treatment Locator (Use to find substance abuse treatment centers close by) https://findtreatment.samhsa.gov/locator

# **The Turning Point II - Outpatient**

90 West Chestnut Street, Suite 510
Washington, PA 15301
T: (724) 222-0112
www.addictionmanager.org
Treatment Approaches: Cognitive/behavioral therapy,
Dialectical behavioral therapy, Substance abuse
counseling approach, Trauma-related counseling

## **NEUROPSYCHOLOGICAL SERVICES**

# Wheeling Hospital Eric Fishman, Ph.D.

40 Medical Park # 500 Wheeling, WV 26003-6313 T: (301) 281-8442

#### EATING DISORDERS TREATMENT OPTIONS

Local Physicians who have been recommended and can do a good check-up for people with eating disorders A very good website to help you look up a treatment provider in any state: www.edreferral.com/index.html

### The Emily Program

4001 Stonewood Drive, Suite 200 Wexford, PA 15090

Toll Free: 1-866-916-3280 / F: 724-720-9406 www.emilyprogram.com/locations/pennsylvania Treatment Specialties: Anorexia Nervosa, Binge Eating Disorder, Bulimia Nervosa, Other Specified Feeding or Eating Disorders, Avoidant Restrictive Food Intake Disorder

# The Renfrew Center Foundation for Eating Disorders

201 N. Craig Street, Suite 503
Pittsburgh, PA 15213
T: (800) 736-3739 / F: 878-999-2920
renfrewcenter.com/locations/all-locations/renfrew-pittsburgh-pa-eating-disorder-treatment-center

# **The Turning Point**

199 North Main Street Washington, PA 15301 T: (724) 228-2203 www.abstinentliving.com/Eating%20Disorders.htm Anorexia, Bulimia, Compulsive Overeating

#### **Cameron Wellness Center Nutritionist/Dietitian**

Kali T. Aloia MPH, RD, LDN, CLT, Nutrition Coordinator Michelle Campion MS, RD, LDN, CLT, Registered Dietitian 240 Wellness Way Washington, PA 15301

T: (Kali) (724) 250-5207 / T: (Michelle) 724-250-6244 Email: kaloia@whs.org / Email: mcampion@whs.org

### **UPMC Center for Eating Disorders**

100 North Bellefield Ave Pittsburgh, PA 15213 T: (724) 933-3910 www.upmc.com/services/behavioral-health/eatingdisorders

# Emily Heim, MA, MSW, LCSW

1200 Ashwood Drive, Suite 1201 Canonsburg, PA 15301 T: (724) 884-0466 Local Therapist who specializes in working with people with eating disorders

#### **MEDICATION REFERRALS**

# Robert J. Algaier, MD

2432 Greensburg Pike Pittsburgh PA 15221 T: (412) 244-1900

### Jennifer Bowman, DNP, CRNP, PMHNP-BC

1200 Ashwood Drive Suite 1201 Canonsburg, PA 15317 T: (724) 884-0466

# Dr. Alan Axelson

180 Fort Couch Road, Suite 340 Pittsburgh, PA 15241 T: (412) 831-0355

# Jasbir Kang, MD

615 East McMurray Road McMurray, PA 15317 T: (724) 942-3996

### **NeuroPsychiatry Center**

Ravi Kant, MD 200 Old Pond Road, Suite 201 Bridgeville, PA 15017 T: (412) 220-7323 / F: (412) 220-7325 www.drkant.com

#### Dr. Stephen Lee

37 Highland Avenue Washington, PA 15301 T: (724) 223-1067

## R. K. Mehta, MD

129 Simpson Road, Suite 109 Brownsville, PA 15417 T: (724) 785-9444

#### Mona Mikhail, MD

1385 Washington Road, Suite 102 Washington, PA 15301 T: (724) 222-2010

# Koushik Mukherjee, MD

3402 Washington Road, Suite 304 McMurray, PA 15317 T: (724) 941-5363

#### Rajendra Nigam MD

200 Old Pond Road, Suite 107 Bridgeville, PA 15017 T: (412) 220-0144

#### **Vista Behavioral Health Associates**

1370 Washington Pike, Suite 303 Bridgeville, PA 15301 T: (412) 206-0123